



Rubber City Open

Saturday, February 17, 2018

- Location:** The Stile Athletics Field House (Click [here](#) for a campus map)
289 S. Union Street, Akron, OH 44325
- Facility:** 300m Mondo Track
Six 42" lanes on oval, Eight 42" lanes on sprint straightaway
Dual Long/Triple Jump runways, High Jump/Pole Vault pits, Throws circles
1/4" pyramid spikes only
Locker rooms and showers are available
- Entry Procedure:** Online entries will be made at www.directathletics.com
Please submit reasonable marks for the 2018 Indoor season
Note: all entry marks will be published on accepted entry list
- Entry Deadline:** 5:00 pm, Tuesday, February 13th. Accepted entries will be posted by 5:00 pm, Thursday, January 15th.
- Entry Limitations:** Due to the large size of meets in the past, we are limiting the number of competitors in each event for this meet. Please check www.finishtiming.com and www.GoZips.com for confirmation of entries, updates to the meet schedule and any other notes. There will be no additions or changes done on the day of the meet.
- Entry Fee:** \$15 per individual (limit 2 individual running events, unlimited field events and relays)
\$300 per team (boys and girls are separate teams, limit 3 athletes in running events)
Note: This is an entry fee. The entrant is responsible for full payment regardless of the number of events actually competed in. All individuals and groups (whose group fee is less than the team rate) must pay online via <http://www.directathletics.com/> with a credit card. All teams paying the team rate may choose to pay prior to the meet online or cash / check upon packet pick-up.
- Team Registration:** In the Blue Gym off the Field House lobby from 8:30 am-12:30 pm
- Waiver Form:** A signed waiver must accompany payment at registration. No one will be allowed to compete without a signed waiver -- no exceptions. Click [here](#) to access waiver form.
- Check In:** All runners ***MUST*** check in at the clerking table on the infield. Check in details will be available at registration. ***Failure to declare will result in the athlete being scratched from the event.***



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Facility Policies: Only ¼" pyramid spikes are allowed on the surface of Stile Athletics Field House. Spikes will be checked at the clerking table and at the starting line or event site.

Only athletic tape can be used for marking purposes. No chalk or any other types of adhesive (duct tape, masking tape) is permitted.

Other Notes: The events will be run efficiently. It is the athlete's responsibility to be ready for the start of his/her race.

Only blocks provided by the University of Akron can be used. Blocks will be set for the 60 and 60H (to adjust block settings re-position pads only).

Unless noted otherwise, no blocks will be permitted for the 400m dash.

Runners will be called to their marks as soon as the times of the previous heat are recorded. Runners should have their sweats off before that heat is started and should position block pads immediately after the start of that race.

Obey all starter commands.

Field events will not be held for an athlete to compete in another event.

The first two exchanges of the 4x200m relay will use international exchange zones. The final exchange will be a California (4x4) exchange)

1/4" pyramid spikes (or smaller) only.

No food, drinks or gum are permitted on Field House track or turf.



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Order of Events *Tentative*

Running Events (10:00 am start, rolling schedule, girls run first)

- 4x200m Relay
- 60m Hurdle Prelims
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- 4x800m Relay
- 60m Hurdle Finals (Boys run first)
- 60m Finals
- 1600m Run
- 4x100m Relay
- 400m Dash (*The first 4 heats will use blocks, all remaining heats must use a standing start)
(**Check in for 400m dash must be completed before the girl's 1600m or you will be scratched)
- 800m Run
- 200m Dash (*Girls check in window: Boys 400 & Girls 800; Boys check in window: Girls & Boys 800)
- 3200m Run
- 4x400m Relay (*Girls check in window: Boys 200 & Girls 3200; Boys check in window: Girls & Boys 3200)

**Athletes must check in during the designated windows or else be scratched from the event!*

Field Events (10:00 am start)

10:00 am start

Shot Put (Boys and Girls run at the same time with 2 circles)

****Once Shot Put is complete****

Weight Throw (Girls followed by Boys)

Pole Vault (Pit 1-Gold Girls Starting Height 10' followed by Gold Boys Starting Height 11'6")

Pole Vault (Pit 2- Blue Boys Starting Height 8' followed by Blue Girls Starting Height 7')

****Athletes in Pole Vault may choose which pit they want to jump at according to starting height by checking in at that pit upon arrival** Gold will compete on raised runway.**

High Jump (Pit 1-Gold Girls Starting Height 4'8" followed by Blue Girls Starting Height 4'2")

High Jump (Pit 2-Gold Boys Starting Height 5'6" followed by Blue Boys Starting Height 5')

****Girls will be jumping on the north pit; boys will be jumping on the south pit****

10-11 am Gold Long Jump Open Pit {top 18 entry marks Gold} (Top 9 to Gold Finals at 11:00am)

12-2:30 pm Blue Long Jump Open Pit (Athletes will get 3 additional attempts during the 2-hour open pit if they jump a mark that would have qualified for the Gold Finals)

****Long Jump Athletes have the designated Open Pit times to take three attempts. The pits will close promptly at the designated times!****

3:30pm Triple Jump Athletes must check in for triple jump by 3:00 pm, length of open pit will be determined at check in (Top 9 advance to Finals)