



DEFIANCE COLLEGE
HIGH SCHOOL TRACK & FIELD OPEN #1
FRIDAY JANUARY 5TH, 2018

(UPDATED 9/26/17)

MEET INFORMATION

Entry procedures:

- Entry deadline is Wednesday prior to meet, at **11:59pm**.
- There are no entry limits for individuals or relays.
- All entries should be done through Direct Athletics:
www.directathletics.com

Changes, Scratches & Performance List:

- Performance list e-mailed by 7pm, Thursday.
- Please email scratches by Noon, Friday.
- No additions after the entry period closes.
- Heat Sheets will be posted upon arrival
In the Lobby of the George Smart

Entry fee:

- \$125 per team (M&W separate) or \$10/ athlete.
- Checks Payable to "Defiance College"
- Coaches Make payments when you arrive at timing stage
- All entries must be paid in full before being allowed to compete
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Meet Procedures:

- **Athletes who do not check in will be scratched**
- **It is the athletes responsibility to listen for announcements**
- **Heats may be combined if entries dictate**

Facility:

- The Richard M. and Carolyn M. Small Track has a Beynon 1000BSS surface.
 - A maximum of ¼ inch exposed pyramid spikes.
- Finish Lynx automatic timing will be used.
- Starting blocks will be furnished.

Field events:

- Four attempts, no finals in horizontal jumps and throws.
- Long Jump: 3m board, 140' runway.
- Triple Jump: 8m, 10m and 11.5m boards.
- Pole Vault: 135' runway.

Scoring, Timing & Results:

- Timing will be via Finish Lynx Timing System.
- Results will be posted during the meet, and will be on our website: www.defianceathletics.com

Meet Director:

- Ken Ciolek, Head Track & Field Coach.
- (419)783-2385 office, kciolek@defiance.edu

ORDER OF EVENTS

Running Events (boys followed by girls)

5pm	SMR (1600m "2-2-4-8")
	4x800m Relay
	60m Hurdles Prelims
	60m Prelims
	1600m
	60m Hurdle Finals (girls-boys)
	60m Finals
	400m
	800m
	200m
	3200m
	4x400m Relay

Field Events

3:30pm	Weigh-Ins	Storage Room
5pm	Shot Put	(boys-girls)
	Weight Throw	(girls-boys)
	Pole Vault	(girls-boys)
	Long Jump	(boys-girls)
tba	Triple Jump	(boys-girls following LJ)
	High Jump	(girls-boys)

Concessions & T-shirts

- Full concessions stand will be available.
- Invitational T-shirts will be sold.
- Spikes \$3.00 for bag of 14 & \$20.00 for bag of 100
- **EVENT WINNERS WILL RECEIVE A NIKE DRAW STRING BACK PACK**

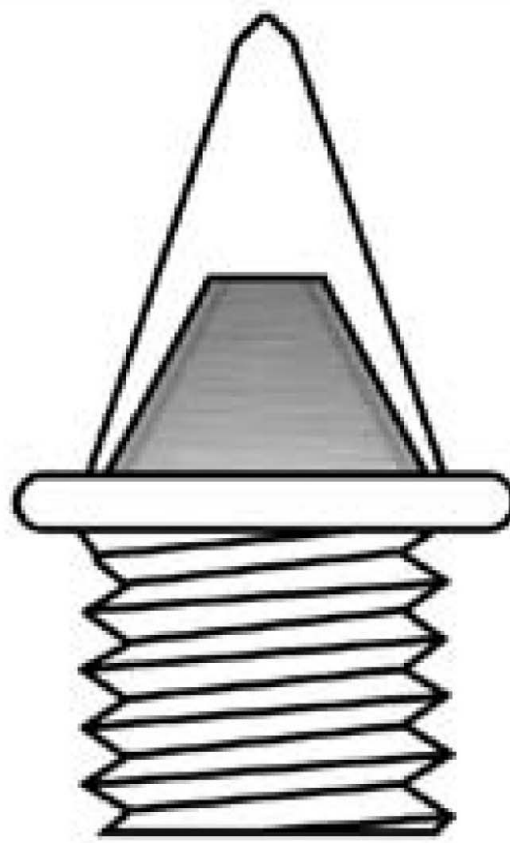
Spectator Admission:

- \$4 for Adults
- \$1 for Students



NO

**Christmas
Tree Spike
Pins**



1/4"

**Pyramid
"Cone Shape"
Only**



NO

**Needle
Spike
Pins**